
The **Hilton Burlington**
60 Battery Street
Burlington, VT 05401
1.802.658.6500
www.hilton.com

DIRECTIONS

- From I-89 take Exit 14W to Williston Rd./Rt. 2 which becomes Main Street. Continue past the University of Vermont Campus and follow Main Street to the bottom of the hill. Turn Right onto Battery Street. Hotel is 1.5 blocks on the right.
- Parking is located at the hotel. There is a \$10.00 parking fee for the day.

NECTC
25 Wentworth Drive
Williston, VT 05495

Sensory Motor Arousal
Regulation Treatment
(SMART): Bottom-up
Interventions for
Childhood Trauma

Elizabeth Warner, Psy.D.
&
Anne Westcott, LICSW
of
**The Trauma Center at
Justice Resource Institute**

Friday April 9, 2010

Hilton Burlington
Burlington, VT

Sponsored by
The New England Counseling &
Trauma Center



Featured Speakers

Elizabeth Warner, Psy.D. is the Project Director for SMART. Dr. Warner's prior experience using innovative sensory motor methods with autistic children has informed her approach to treatment for traumatized children. Her specialization is in the area of child development and the treatment of children and families. Special interests include adoption and adoptive families, the special nature of attachment and implications for development. Dr. Warner has provided clinical services at the Boston University Medical Center, and has worked in both psychiatric inpatient and outpatient settings. Dr. Warner provides training and consultation to schools and mental health clinics.

Anne Westcott, LICSW is a psychotherapist and consultant. Her commitment to children and caregivers impacted by trauma has led her to explore new body oriented approaches to enhance arousal regulation in traumatized family systems. Ms. Westcott consults on trauma, attachment, and dissociation to clinicians, educators, childcare staff and families. Ms. Westcott is a supervisor and member of the SMART Development Team at the Trauma Center, is on the faculty of the Sensorimotor Psychotherapy Institute, and has trained in Developmental Dyadic Therapy with Dan Hughes, and ARC.

The Trauma Center at J.R.I. provides community crisis intervention, trauma treatment, clinical training and treatment outcome research for traumatized children and their families. Bessel van der Kolk, M.D., an internationally recognized leader in the field of psychological trauma, is the founder and Medical Director of the Trauma Center.

April 9, 2010

8:30 – 9:00 Registration
12:00 – 1:00 Luncheon
4:30 - Adjourn

Individuals working with children who have experienced complex trauma and neglect often find themselves struggling to address powerful swings in emotion, dissociation, behavioral outbursts, withdrawn numbness, and impenetrable avoidance. In these cases, verbal interventions fall short of addressing the profound dysregulation the child experiences.

In this training, you will:

- Learn a paradigm for recognizing and understanding the neurobiological underpinnings of this dysregulation.
- Learn interventions and skills aimed at addressing the sensorimotor dysregulation at the body level.
- Learn a new array of movement strategies – drawn from the worlds of Sensory Integration and other sensory motor approaches.
- Through didactics, experiential demonstration, and in-depth case presentation using videotape, participants will learn and explore new strategies for intervening with children and caregivers.

This workshop is for professionals working with children and adolescents who have complex trauma. Interest in learning new methods for approaching the problems of dysregulation should be the primary motivation for attending this workshop.

Registration Form

Conference Fee: \$130.00 per person. Group registration for three or more individuals from the same agency is \$110.00 per person.

Payment must accompany registration. Registration forms are due March 29, 2010.

Please make check payable to NECTC and mail to:

NECTC
25 Wentworth Drive
Williston, VT 05495

Name _____

Agency _____

Telephone _____

Email _____

Profession _____

Questions: Please direct conference questions to Tammy Leombruno at 802.878.4990x18, or tamlynn@myfairpoint.net

CEU credits

Social Workers _____
LCMHCs _____
Psychologists _____
LADCs _____
